

No Limitations

promoting gender equality in the early years (0-8 yrs)

Stories

Play

Kinder

School

Promoting gender equality

The time for change is now.

It is important for all of us to show support for gender equality.

Gender equality prevents violence against women and girls.

Societies that value people of all genders as equal are safer and healthier.

SOURCE: [WOMEN'S HEALTH EAST NO LIMITATIONS GUIDE 2017](#) & [VIC GOV SAFE & STRONG GENDER EQUALITY STRATEGY 2020](#)

Please take care & stay safe.

In an emergency call 000

Family violence crisis support: Safe Steps 1800 015 188 available 24 hours, 7 days a week

For help and referral: 1800 RESPECT / 1800 737 732 OR online support via chat <https://chat.1800respect.org.au/#/welcome>

Women living in the Eastern suburbs: Eastern Domestic Violence Service 9259 4200 or edvos@edvos.org.au.

For parents and carers: Parentline 13 22 89 Qualified counsellors available 8am to midnight 7 days

LGBTIQ family violence service: W|Respect 1800 542 847 www.withrespect.org.au.

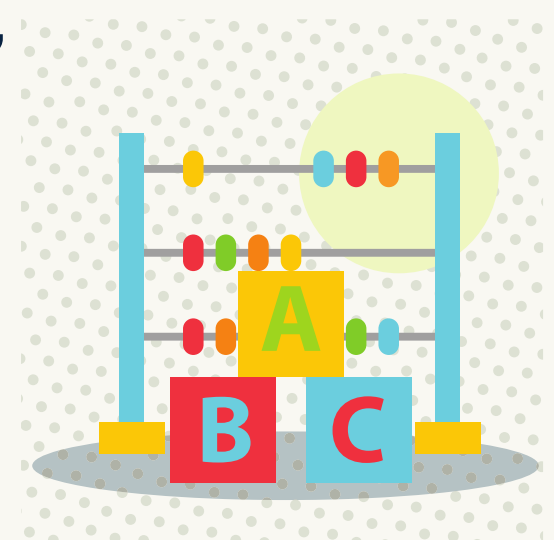
Men's support: Men's Referral Service 1300 766 491.

Crisis & Suicide Prevention: Life line 13 11 14 24/7 telephone support Lifeline.org.au

Mental health: Beyondblue 1300 22 4636 beyondblue.org.au

Why early years?

Children learn about gender from a young age, from experiences with toys, sports, games, clothes, books, media, advertising/marketing and through interactions with families, teacher, friends, and the wider community.



There are many places where children's understanding of gender develops and is reinforced, including in the home and within families.

Although it may seem harmless, understandings of gender roles, norms & expectations have flow on effects. Stereotypes or 'rules' about how women and men, girls and boys should be, begin in childhood and follow us through to adulthood.

Parents and carers can play a positive role by showing support for gender equality and encouraging kids to develop their full potential irrespective of gender.