

FREE IN-LANGUAGE

HEALTH

Information sessions



Do you want to know about a health topic in your language?

Women's Health East can provide free online or face-to-face health information sessions in Hakha-Chin or Mandarin. Delivered by trained bilingual health educators.

We can run free health information sessions on:

COVID-19 vaccinations & booster shots		Mental health and wellbeing	
Women's safety and wellbeing		Making healthy choices	
Sexual and reproductive health		For more information contact Isabella Roxburgh, Health Promotion Officer at iroxburgh@whe.org.au.	

Women's Health East is the women's health promotion agency for the Eastern Metropolitan Region of Melbourne. We improve health outcomes for women across the seven local government areas of Yarra Ranges, Knox, Maroondah, Manningham, Monash, Whitehorse and Boroondara. Women's Health East also influences women's health and wellbeing at a statewide and national level. For more information visit our website: www.whe.org.au

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