



## #TOGETHER4GE

### WE'RE ALL IN THIS TOGETHER

Doncare

iMatter

iMatter is an evidence based respectful relationship initiative developed by Doncare. iMatter empowers young people to navigate their intrapersonal and interpersonal relationships in a proactive and violence-free way through the delivery of workshops to secondary school aged young people. Importantly, to elevate the voices of young people, Doncare has partnered with them! iMatter leaders are young volunteers who share a passion for gender equity and developing young people into positive role models within their community and peer groups. The objective of the program is to develop students' critical thinking skills to encourage them to question what influences their social and cultural behaviours, as well as challenge the rigid gender stereotypes that perpetuate and excuse violence towards women. Young people are given the tools to engage in respectful and violence-free relationships where they practice healthy communication and demonstrate empathy. The change iMatter hopes to see is a sustainable shift in societal attitudes towards family violence.

If you are a young person looking to develop your leadership skills and share a passion for gender equity please contact the iMatter coordinator Olivia Troughton on 9856 1500 or email [imatter@doncare.org.au](mailto:imatter@doncare.org.au).



#16DAYS

