

Women with disabilities say...



**Equality is when everyone takes action to protect the human rights of women with disabilities.**

# HOW WE CAN TAKE ACTION TODAY

## 1. LISTEN

to women with lived experience of disabilities

## 2. RESPECT

the rights and choices of women with disabilities

## 3. CHALLENGE

gender and disability stereotypes

## 4. PROMOTE

the leadership and participation of women with disabilities

These actions will contribute to the prevention of violence against women with disabilities.



**SCAN HERE**

to learn more



Women's Health East

TOGETHER FOR  
EQUALITY & RESPECT