



Women's Health East

Investing in Equality and Wellbeing for Women

Women's Health East

STATEMENT OF PURPOSES

- 2.1 Women's Health East is a health promotion organisation working collaboratively to address disease prevention and control, health inequities and disadvantage for women.
- 2.2 Women's Health East, using a social model of health and an holistic approach, aims to prevent illness, disease and injury and promote the independence, health and wellbeing of women through a range of strategies and interventions.
- 2.3 Women's Health East engages in and facilitates health promotion activities through:
 - (a) Community education, research, information sharing, awareness raising and action on women's health issues
 - (b) Education and training for health professionals concerning women's health issues
 - (c) Health programs aimed at improving women's health and wellbeing
 - (d) Participation of women in health networks at regional, statewide, national and international levels.
- 2.4 Women's Health East aims to actively involve and empower women in seeking:
 - (a) ultimate choice, responsibility and control over their own health
 - (b) equity and access to women-sensitive health care options recognising a woman's whole life-span and various roles
 - (c) dignity and respect for women, with sensitivity towards those physically, emotionally or educationally disadvantaged
 - (d) an holistic approach to health care and well-being and a broadening of options
 - (e) decision making input into planning and development of health care organisations, and the influencing of policy and practices
- 2.5 Women's Health East engages in charitable and/or benevolent activities concerning women's health which are consistent with these purposes.

From the *Women's Health East Constitution*, accessible at http://www.whe.org.au/newsite/about_Board_of_Governance.html